



Atlanta Tidbits Ledger

Atlanta Chapter
Sons of the American Revolution
Organized March 15, 1921
Editor: Barrett Hanson

www.saratlanta.org

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Next Meeting Thursday October 12@ 12:00PM

At the Petite Violette Restaurant, 2948 Clairmont Rd, Atlanta, GA 30329

Program speaker: DAR Rebecca West - “Root Hog or Die and other Colorful American Expressions”

Regular meetings are held on the second Thursday of the month except in February when we meet on the Saturday closest to George Washington’s Birthday, and in July and August when we do not schedule a regular meeting. Remember those soda can tabs, Labels for Education, and Box Tops for Education for donation to the Children of the American Revolution; magazines and toiletries for veterans at the VA Hospital; paperback books for the USO;

Non-members: You're welcome to attend our monthly meetings scheduled the 2nd Thursday of the month with the above mentioned exceptions. The cost of the lunch is \$30.00 per person.

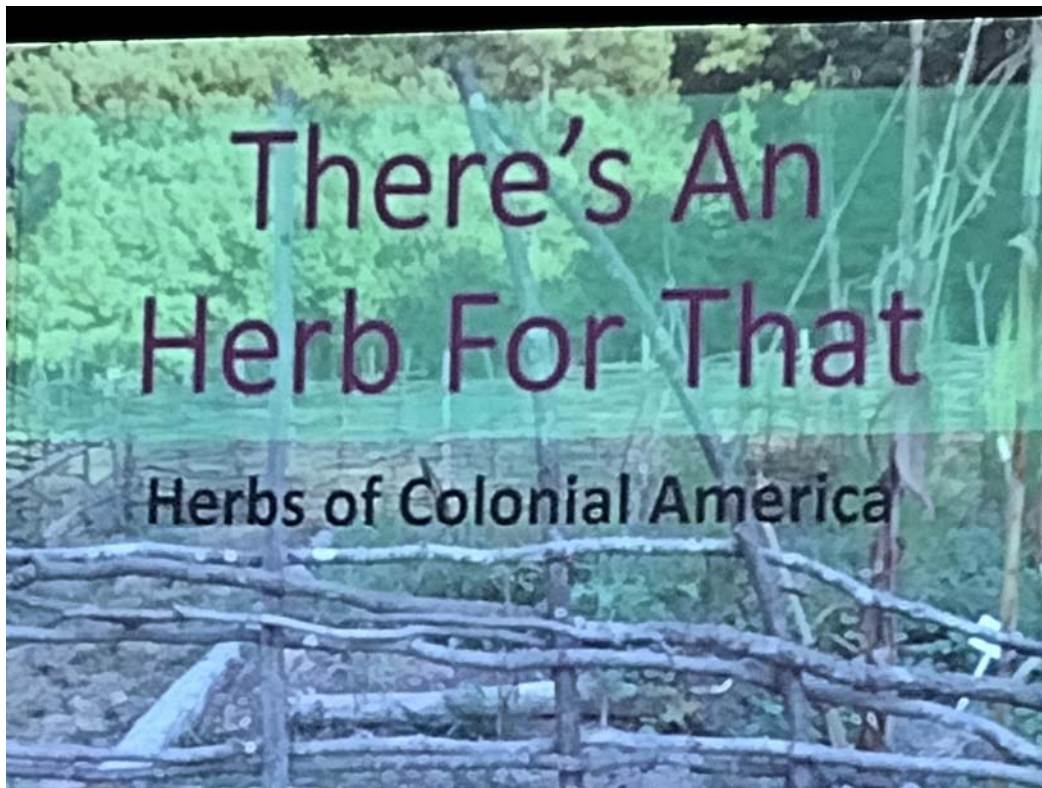


Guest Speaker Leslie Strickland Watkins



Do you have a problem with indigestion, dizziness, or constipation? Does your food taste bland with a lack of seasoning of natural herbs and spices to enhance the flavor? Or, do you simply desire to preserve the freshness? If so, DAR **Leslie Strickland Watkins** shared with the Atlanta Chapter an extensive list of a variety of herbs and spices and their multiple applications during the Colonial Era. With all the roots, plants, and leaves being native to North America. Not surprisingly, many of the medicinal and especially, the flavor enhancing properties utilized during Colonial times are still recognized and observed today. This is due simply to their time-tested and proven effectiveness.

Some, however, are proven wives-tales with questionable medicinal benefits, or perhaps just not beneficial for the “cure” which it advertises. In this respect, DAR Watkins allowed the audience to come to their own conclusions. She presented her extensive list of herbs in the context of the Colonial Era and the benefits or perceived “cures” of that time.



What was perhaps most surprising, was the number of herbs, concoctions, and tonics available to treat such a variety of ailments. Just as we observe so often in modern advertisements and daily television commercials, **whatever your ailment is** - *There is a Pill for That!* Colonial America had a like response, but with a variety of natural herbs.

Yellow Root
"It'll cure what ails 'ya."

Yellowroot is a powerful medicine. It is used to treat mouth sores, gum disease, sore throat, stomach problems, urinary disorders, and stubborn bladder infections.

Thyme

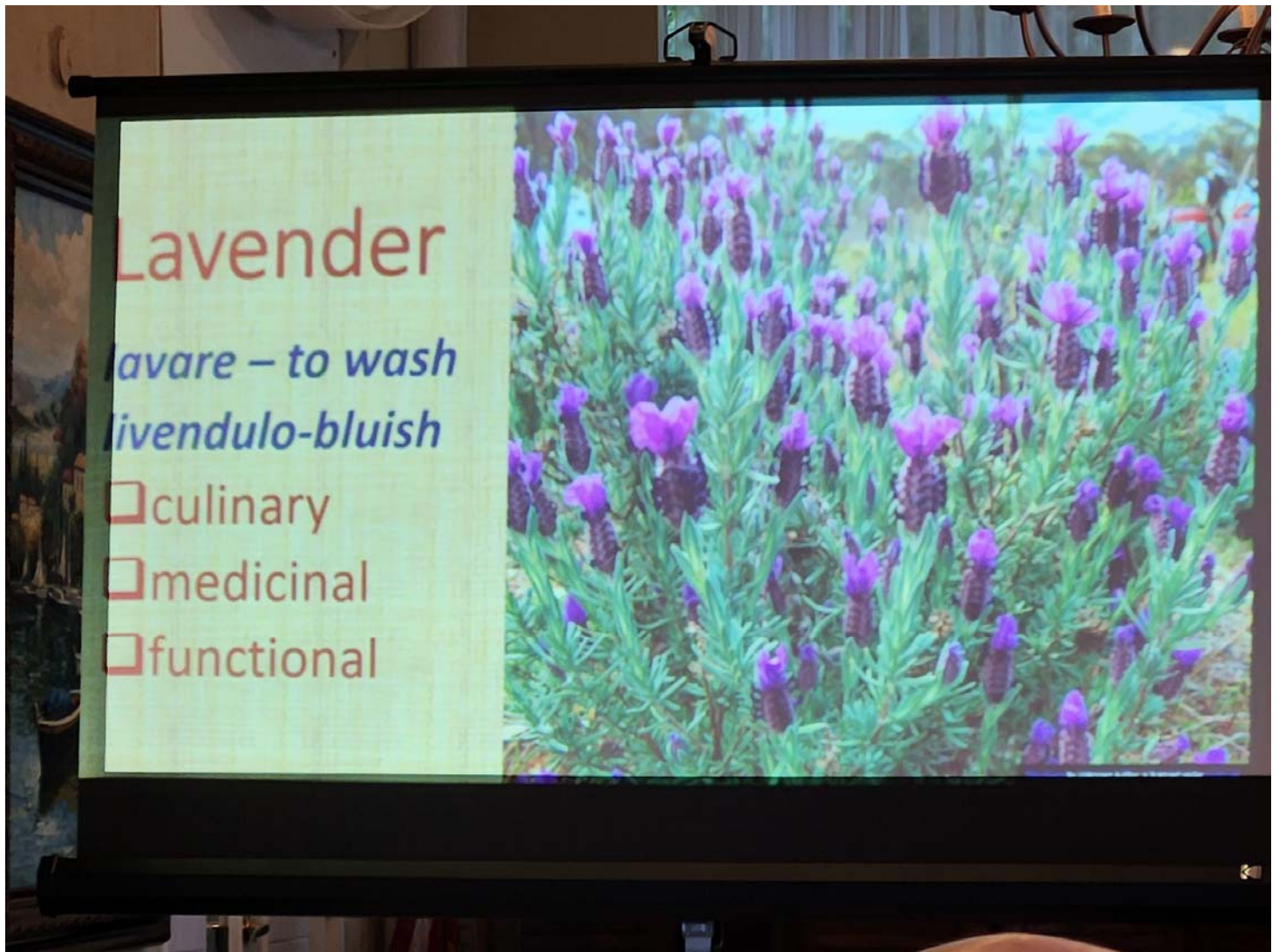
- functional
- medicinal
- culinary



Ginger

- wild
- various names
- imported from Europe





During the questioning and answering session of the presentation, it was observed that conspicuously absent from DAR Watkins' extensive list of herbs with their culinary, medical, and functional use, was a "remedy" for intoxication or male impotence.

Watkins, who is a retired school teacher, said that she has given this same presentation many times to various school systems. And the subject in question, she did not believe, in that setting, would have been appropriate. Which we agree... However, she did venture to provide the chapter with a response. She said she was sure there were "cures" in Colonial America for intoxication or hang-overs. But since they were not part of her presentation, she was unaware of the contents.

As far as the question of male impotence, the response was quite simple, if considered in the context of the Colonial Era. As DAR Watkins explained, it was NOT a male problem, but rather that of the female. A prime historical example, as she noted, was that of King Henry VIII!



A Certificate of Appreciation was presented to DAR Leslie Strickland Watkins for her contribution to the Atlanta Chapter Sons of the American Revolution. She shared with the Compatriots that her late father was once a member of the Atlanta Chapter.



Induction of New Member



The Atlanta Chapter Sons of the American Revolution was honored to induct our newest member, Compatriot **Christopher Larry Clark** who was sponsored by Dr. David Noble. Compatriot Clark is the descendant of Patriot Reuben Ransom, Sr. who served as a soldier with service in the state of North Carolina. Our Registrar Compatriot Joseph Blackmon assisted in the ceremony.

Atlanta Chapter Member Guest Speaker



On Sept 14, 2023, in the evening, Bill Goodman was the program speaker for the Robert Forsyth Chapter of NSSAR in Cumming. About 20 were present. The topic was *“That Damned Presbyterian War: How the Irish and Scots-Irish Won the American Revolution.”* Here Bill is presented a speaker’s certificate by the Forsyth Chapter President.



Constitution Day



“The United States Constitution, America’s most important document, stands as a testimony to the tenacity of Americans throughout history to maintain their liberties, freedoms, and inalienable rights. Constitution Week is celebrated annually during the week of September 17-23 to commemorate its history, importance, and to bring attention to how it still serves today.

This celebration of the Constitution was started by the Daughters of the American Revolution. In 1955, DAR petitioned Congress to set aside September 17-23 annually to be dedicated for the observance of Constitution Week. This resolution was later adopted by the U.S. Congress and signed into public law on August 2, 1956, by President Dwight D. Eisenhower.”



Since 2012, the Reverend John Andrew Chapter NSDAR of Watkinsville, GA. has been encouraging citizens to celebrate the anniversary of the Constitution's historic 4 p.m. signing on September 17th, 1787. Charlotte Mills, 2nd Vice President, Watkinsville JAC (Junior American Citizens) served as Moderator. The celebration was hosted by the Ashford Memorial Methodist Church.



The bells were rung by everyone present in the sanctuary of Ashford Memorial Methodist Church, at exactly 4:00 pm.



The celebration was presented by the Reverend John Andrew Chapter, Watkinsville Junior American Citizens, and the William Daniell Society, National Society Children of the American Revolution. Members of the Athens Chapter SAR Color Guard also participated.



Color Guard members of the Athens Chapter SAR prepare to fire their flintlock muskets.



There was one thunderous blast of the cannon after the two rounds of rifle firing. The cannon fire just adjacent to the church property was the close of the Constitution Day Celebration.



Reverend Edward M. (Ed) Anderson Sr., GA Society SAR Chaplain, with wife DAR Kathryn Anderson and Barrett Hanson of the Atlanta Chapter, pose with the two members of the Athens Chapter Color Guard.



Just a Friendly Reminder...



WE WANT YOU!

~To Please Pay Your Dues~

*Compatriots, it is time to pay your 2024 dues. If you have already done so, **thank you** and please disregard this Friendly Reminder from your Uncle SAM.*

Vietnam War Pinning Ceremony



Congresswoman Lucy McBath sponsors a Vietnam War Pinning Ceremony for any Vietnam vet who lives in her 7th District. The ceremony will be on November 9, 2023. Veterans interested can call (470) 773-6330.

Established in 2008, the United States of America Vietnam War 50th Commemoration Pinning Ceremony honors veterans of the Vietnam War for their heroic service and pays tribute to their selfless contributions. Each participating veteran or family member will be honored with a commemorative lapel pin and certificate of special recognition as a token of the nation's gratitude.

For further information regarding application submission, please visit:
<https://mcbath.house.gov/vietnam-war-pinning-ceremony>

(Please note: This is NOT an endorsement of any political candidate or party!)

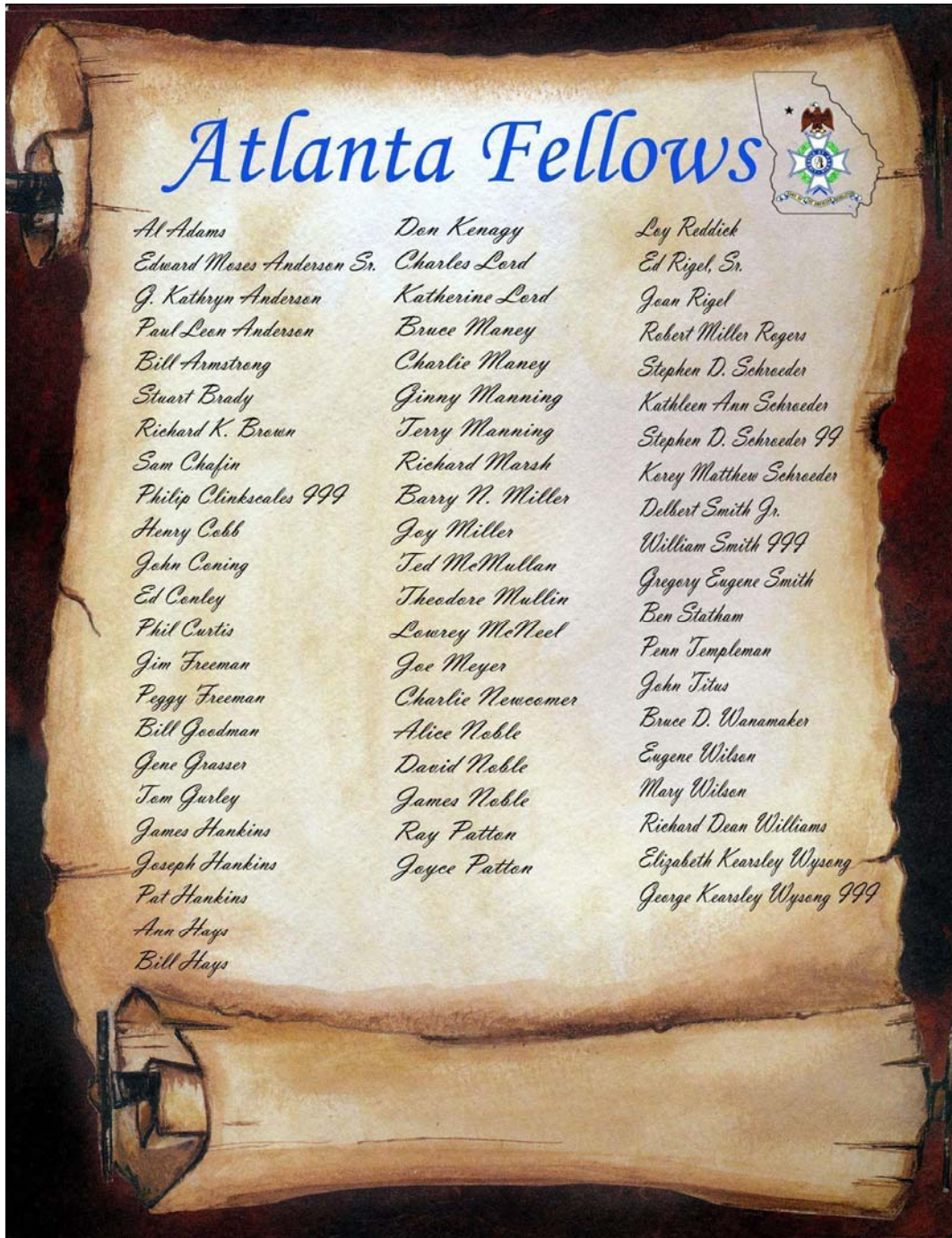
Slate of Officers 2023 Chapter Officer Directory

Chapter officers to serve February 9, 2023, to February 8, 2024, are as follows:

President	Barrett Hanson
1 st Vice President	open
2 nd Vice President	open
Secretary	Al Adams
Treasurer	Richard Marsh
Registrar	Joseph H. Blackmon
Sergeant-At-Arms	Benjamin Jetter
Chancellor	Ed Floyd
Chaplain	John Titus
Historian	Jay McLenden
Information Technology	Richard Marsh



Thank You to Our Atlanta Fellows



The Atlanta Fellows are members, Spouses, businesses, and other organizations that support unbudgeted projects of the Atlanta Chapter with a \$200 donation. Such donations have supported our Sacred Soils Displays, Bushnell Monument dedication, VA Hospital Portico Project, and Flag Receptacle Program. Many thanks go to our Atlanta Fellows whose donations help support our extended outreach programs. Thanks go to our existing Atlanta Fellows who have made additional donations, including donations made by or on behalf of spouses of members of our chapter. Donations toward chapter-sponsored events such as Wreaths across America also credit toward the Atlanta Fellow program. We are also grateful for several members who have started making incremental donations toward becoming Atlanta Fellows. We thank all our Atlanta Fellows for their support and encourage others to join their ranks.

Veterans Respect Activities

Our chapter began a project in early 2019 to purchase VA Canteen Coupon Books which patients can use in the canteen, coffee shop or cafeteria at the VAH, Decatur. These books will be distributed by the VA Volunteer Service at the hospital. **At each meeting there will be a jar marked "\$ for VA Canteen Coupon Books" to accept donations. Please look for it and contribute a dollar (or more).**

The role of the Veterans Respect Committee is to pursue opportunities to honor and recognize current service members and veterans of past service. A wide range of activities fall under this charge. Some examples are:

- hours served in the VA Hospital (VAH) Volunteer Service,
- visiting a veteran in a VAH, nursing home or private home,
- donating personal care items to a VAH or nursing home serving veterans,
- donating publications to a VAH,
- organizing an outing for one or more veterans,
- participating in a veteran's funeral as a participant, pallbearer, or attendee,
- attendance at Revolutionary War Veteran's Grave Marking,
- participating in placing flags or wreaths on veteran's graves.

We are aware that many of our Atlanta Chapter members have been involved in such activities, but we do not know the extent. We would like to gather information on such efforts. If you have been involved in any such activities since January 1, 2022, please report the details to our Chaplain John Titus.

